



**ALLERGY ASTHMA  
& IMMUNOLOGY ASSOCIATES, LTD**

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**Name:**

**DOB:**

**Date**

**Please check which symptoms you currently have or experience frequently:**

- |                                                             |                                                               |                                                        |
|-------------------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------|
| <input type="checkbox"/> High Blood Pressure (Hypertension) | <input type="checkbox"/> Glaucoma                             | <input type="checkbox"/> Cardiac Disease/ Heart Attack |
| <input type="checkbox"/> Diabetes Mellitus                  | <input type="checkbox"/> High cholesterol<br>(Hyperlipidemia) | <input type="checkbox"/> Kidney Disease                |
| <input type="checkbox"/> Congestive Heart Failure           | <input type="checkbox"/> Hyperthyroidism                      | <input type="checkbox"/> Benign Prostatic Hypertrophy  |
| <input type="checkbox"/> Cancer- What Type? _____           | <input type="checkbox"/> Hypothyroidism                       | <input type="checkbox"/> GERD                          |
| <input type="checkbox"/> Asthma                             |                                                               | <input type="checkbox"/> Other _____                   |

**GENERAL**

Fevers

Normal appetite

Decrease in appetite

Feeling tired (Fatigue)

Recent Weight Loss (\_\_\_\_\_ lbs)

Recent Weight Gain (\_\_\_\_\_ lbs)

**EYES**

worsening vision

Blurry vision

Watery eyes

Mucous discharge from eyes

Eye sensitivity to light (Photophobia)

Red eyes

**HEAD/ENT**

Spinning/ dizziness (Vertigo)

ringing in the ears (Tinnitus)

Sense of smell decreased

Loss of hearing

Stuffy Nose

Post nasal drip/ drainage

Nasal Discharge

Watery    Yellow    Blood Tinged

Nosebleeds (Epistaxis)

Sinus Pain

Sneezing

Headaches

\_\_\_\_ Daily   \_\_\_\_ Weekly   \_\_\_\_ Monthly

**NEUROLOGICAL**

Loss of Consciousness

Restless leg Syndrome

numbness/ tingling

confusion

**SKIN**

Itching (Pruritus)

Dry skin

Cracking of skin

Skin lesion

**Neck**

Swollen lymph nodes

Neck stiffness

**CARDIOVASCULAR**

Chest pain or discomfort

Palpitations

Leg pain with exercise (Claudication)

General edema (swelling)

Name:

DOB:

Date

Please check which symptoms currently have or experience frequently:

**RESPIRATORY**

- Shortness of breath
- Difficulty breathing during exertion  
(Exercise, cleaning house, unloading dishwasher etc)
  
- Wheezing occurs only with exercise
- Wheezing
- Cough
- Chest tightness or heavy pressure
- Awakening at night short of breath

**GENITOURINARY**

- Pain during urination (Dysuria)
- Blood in urine
- Feelings of urinary urgency
- Urinary frequency
- Urinary loss of control
- Urinary frequency more than 2times at night

**Endocrine**

- Excessive thirst
- Temperature intolerance

**MUSCULOSKELETAL**

- Limited range of motion in extremities
- Non-specific pain, swelling, or stiffness of joints

**Gynecological**

- Currently Pregnant

**GASTROINTESTINAL**

- Heartburn
- Difficulty swallowing (Dysphagia)
- Nausea
- Vomiting
- Diarrhea
- Constipation
- Abdominal Pain

**EXPOSURE**

- Recent contact with poison ivy/oak
- Stung by a bee or wasp
- Recent exposure to animals

Did you have an adverse reaction to any of the above?  No  Yes

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

-

**PSYCHOLOGICAL**

- Depression
- Anxiety
- Insomnia

**INFECTION HISTORY**

- Multiple antibiotic courses in the last 12 months
- Recurrent respiratory infections
- Recurrent bacterial infections
- Recurrent ear infections during childhood

Name:

DOB:

Date

## SOCIAL HISTORY

### SMOKING STATUS (13 years and older)

- Current every day smoker
- Current some day smoker
- Former smoker
- Never smoked
- Smoker, current status unknown
- Unknown if ever smoked

### ALCOHOL USE

- No alcohol consumption
- Social Drinker
- Alcohol use: 3 or more drinks/day

### ILLCIT DRUG USE

- Yes
- No

### EMPLOYMENT HISTORY

- Employed      Where do you work? \_\_\_\_\_
- Unemployed
- Retired
- Student

### Marital History

- Married
- Single
- Partner

### FAMILY HISTORY

Father    Alive  
 Deceased at age \_\_\_\_ from \_\_\_\_\_

Mother    Alive  
 Deceased at age \_\_\_\_ from \_\_\_\_\_

Siblings   Born \_\_\_\_\_   Alive \_\_\_\_\_

Children   Living \_\_\_\_\_   Deceased \_\_\_\_\_

- Family history of heart disease?
- Family history of cancer?
- Family history of allergies?
  - Environmental
  - Food
  - Insects

### SURGICAL HISTORY

Please list any major surgeries:

Surgery \_\_\_\_\_      Year \_\_\_\_\_

