



**ALLERGY ASTHMA
& IMMUNOLOGY ASSOCIATES, LTD**

Medications to avoid 7 days or as designated prior to allergy skin testing:

Acrivastine	Clarinox	Patanase
Actifed	Clarinox-D	Periactin (11 days)
Alavert	Claritin	Promethazine
Alka-Seltzer	Claritin Reditab	Robitussin Flu
Allegra	Claritin-D	Rondec DM Drops
Allegra-D	Clemastine (10 days)	Sempres-D
Allerx	Cyproheptadine (11 days)	Tavist (10 days)
Astelin or Astepro Nasal spray	Deconamine SR	Theraflu
Atarax (8 days)	Dimetap	Triaminic
Benadryl	Diphenhydramine	Tussionex
Bromfed	Extendryl	Vistaril (8 days)
Brompheniramine	Hydroxyzine (8 days)	Xyzal
Carbinoxamine	Levoceterizine	Zyrtec
Lortatidine	Nytol	Zyrtec-D
Chlorpheniramine	Palgic	
Chlor-Trimeton		

Medications to avoid 7 days prior to testing:

<u>Digestive Aids:</u>	<u>Sleep Aids:</u>	<u>Eyedrops:</u>
Axid (nizatidine)	Benadryl	Elestat
Pepcid (famotidine)	Nytol	Optivar
Tagamet (cimetidine)	Tylenol PM	Patanol
Zantac (ranitidine)	Sominex	Pataday
		Zaditor

Medications acceptable prior to testing:

Accolate or Singulair	<u>Nasal steroids</u>	<u>Proton Pump Inhibitors</u>
Antibiotics	- Flonase/fluticasone	- Aciphex (rabeprazole)
Afrin	- Nasocort/triamcinolone	- Nexium (esomeprazole)
Anti-depressants	- Nasonex	- Prevacid (lansoprazole)
Anxiety medications	- Rhinocort	- Protonix (pantoprazole)
Asthma or Emphysema Inhalers	- Veramyst	Pseudoephedrine
Blood pressure medications	Osteoporosis medications	Sudafed
Cholesterol medications	Phenylephrine	Tums
Kenalog	Prednisone	